

Respite Services Fact Sheet (Draft)

Respite is a provision of service that provides consumer family members with temporary relief from their responsibility of providing ongoing care to loved ones with developmental disabilities. Respite can be intermittently and/or regularly scheduled supervision and utilized on an in-home or out-of-home basis. There are in-home and out-of-home respite services available through Kern Regional Center (KRC), which include the following: (1) Agency Provider Respite; (2) Family Select Respite; (3) Participant Choice Respite; and (4) Out-of-Home Respite.

For detailed information about KRC's policies relating to respite care and services, please see KRC's Purchase of Service Guidelines (POS). Please note that KRC is also required to comply with the Lanterman Act, as codified in the California Welfare and Institutions Code; Title 19 of the California Code of Regulations; and all other applicable Federal, State, or local laws, regulations, statutes, DDS ordinances, and mandates that may apply to authorizing services and supports for the consumers that KRC serves. For more information about respite services, please contact your KRC Client Services team, or visit www.dds.ca.gov

In-Home Respite Options

1) AGENCY PROVIDER RESPITE

Agency Provider respite means that a respite agency (a vendor of KRC) is responsible for selecting, hiring, training, and providing the respite worker (for example, respite agency staff member, etc.). Agency Provider respite can be intermittently and/or regularly scheduled and utilized on an in-home basis only.

2) FAMILY SELECT RESPITE

Family Select respite means that consumer family members are responsible for selecting the respite worker. With this option, respite can be regularly or intermittently scheduled and used in an in-home basis only. The Employer of Record (EOR) for Family Select respite workers is selected by the consumer family members (choices are either a respite agency

or Financial Management Service (FMS) agency) and may need to meet specific criteria required by an FMS agency prior to providing such services.

3) PARTICIPANT CHOICE RESPITE

Participant Select respite means that consumer family members are responsible for selecting the respite worker. With this option, respite can be regularly or intermittently scheduled and used on an in-home basis only. The Employer of Record (EOR) for Participant Select respite workers is a Financial Management Service (FMS) agency, which will require specific criteria to be met by each Participant Select respite worker prior to providing such services.

4) OUT-OF-HOME RESPITE

Out-of-Home respite means a residential care facility that is licensed by Community Care Licensing (CCL), or an unlicensed home, such as a Family Home for Adults (FHA) facility that provides respite services in an out-of-home basis only for planned or emergency needs of the consumer family members. This respite option is dependent upon bed/placement availability and provides for a twenty-four (24) hour observation period where temporary care is provided to consumers.