

Living Options Fact Sheet (Draft)

LIVING OPTIONS

All living arrangements are expected to provide an atmosphere that respects the individual's preferences, values, ethnic differences, and beliefs and maximizes individual growth, self-sufficiency, and independence.

Homes should be located in neighborhoods allowing for independent access to community resources. Provisions for health care and for the overall physical and emotional well-being of persons served by the regional center are expected to be supported. Residential services include:

- Independent Living Services (ILS)
- Supported Living Services (SLS)
- Foster Home Agencies
- Adult Family Home Agencies
- Licensed Residential Homes

Independent Living Services

Independent Living Services (ILS) may be an option for an adult who wishes to live independently yet needs some support to develop skills such as money or household management. Training focuses on areas of daily living such as budgeting, shopping, health care, meal preparation, and use of public transportation.

Supported Living Services

Supported Living Services are an option for adults who wish to live independently. These services are customized for everyone to meet needs identified by the planning team, for assistance with common daily living and routine household activities. This may include assistance accessing affordable housing options.

Licensed or Foster Homes

For individuals who are not able to live with their family or on their own, licensed homes or foster homes provide individualized care, health and behavioral supports, and the comforts of a typical home in the community.

Support for Adults in the Family Home

For adults living with family members who are aging, ill, or otherwise unable to provide all the support needed, in-home support may be provided to assist in making connections with community resources and maintain the adult client's wellbeing.

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