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## KERN REGIONAL CENTER

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*Striving to Achieve Equality,  
Independence and Empowerment*

Date: Monday March 26, 2021  
To: All Interested Providers  
From: Self-Determination Local Advisory Committee & Kern Regional Center  
RE: Request for Proposal for Use of Self-Determination Implementation Funds

Kern Regional Center (KRC) along with the local Self-Determination Advisory Committee (SDLAC) is requesting proposals from an individual and or organization interested in assisting KRC consumers in transitioning into the Self -Determination Program. A [Narrative](#) outlining the priority areas that need to be addressed and a [Rubric](#), which identifies plans for training and support and the weight given to various aspects of the proposal, is available as a reference.

All proposals must be received no later than **April 16, 2021 at 5:00p.m.**, and should be submitted electronically to Melanie Waters, KRC Dental Coordinator/SDP Liaison at [mwaters@kernrc.org](mailto:mwaters@kernrc.org). Selection of proposals will be discussed and made at the next local SDAC meeting to be held in May 2021. Information on this meeting can found at [www.kernrc.org](http://www.kernrc.org).

Employees of the State of California, State Council on Developmental Disabilities (SCDD), Department of Developmental Disability (DDS), and Kern Regional Center (KRC) are not eligible to submit a proposal. Each applicant must sign a Business Associate Agreement (BAA) with Kern Regional Center (KRC). All applicants must demonstrate familiarity of the Lanterman Act.

## **Kern Regional Center Self-Determination Local Advisory Committee**

### **Request for Proposals for Use of Self-Determination Implementation Funds**

Funds in the amount of \$77,520.00 have been allocated by DDS to Kern Regional Center to support implementation of the Self-Determination Program (“SDP”). The LAC requests that any individual and/or organization interested in presenting a proposal to the LAC to assist SDP individuals and families in understanding the SDP, identifying independent facilitators and Fiscal Management Services, training to create a person-centered plan, budget and spending plan, and assisting and encouraging participants and families to transition to the SDP are invited to present a proposal to provide some or all of the services identified above.

DDS has identified the following priority areas for funding, including:

- Recruitment and training of independent facilitators;
- Joint training for participants, families, regional center, LAC members and others;
- Support or coaching in making the transition to SDP;
- Assistance with spending plan development;
- Orientation support;
- Collaborative groups/workshops to foster ongoing, shared learning and problem-solving opportunities.

In addition, the LAC has emphasized the need for services and SDP related written materials to be provided in Spanish as well as in English languages.

Enclosed is a rubric which identifies plans for training and support and the weight given to various aspects of a proposal. The suggestions are not inclusive. A proposal shall include the proposed cost for services provided.

All proposals must be received no later than **April 16, 2021 at 5:00p.m.**, and should be submitted electronically to Melanie Waters, KRC Dental Coordinator/SDP Liaison at [mwaters@kernrc.org](mailto:mwaters@kernrc.org). Selection of proposals will be discussed and made at the next SDLAC meeting to be held in May 2021.

1. Submitter(s) should explain **what kind of support they want to provide and why they are qualified** to provide this service to participants and families entering the Self Determination Program. Submitter(s) should also explain their knowledge of the Lanterman Act.

La persona entregando esta solicitud debe explicarse que tipo de apoyo quieren proveer y porque están calificados proporcionar el servicio a participantes y familias entrando el programa de la autodeterminación. Los solicitantes también deben explicar su conocimiento de la ley de autodeterminación y de la Ley Lanterman."

2. How many Self-Determination participants do you hope to serve? (It is not necessary to help large numbers, but having a plan helps us understand the possible impact of your project.)  
¿A cuántos participantes del Programa de Autodeterminación espere servir con su programa/plan de entrenamiento? (No es necesario ayudar a muchas personas, pero identificar el impacto nos ayude entender el posible impacto su proyecto.)

3. What will a person know after completing this program/training? Explain what someone completing your training should know. A list is fine.  
¿Qué va a saber una persona quien participe en su proyecto después del programa/entrenamiento? Explique lo que alguien que completa su entrenamiento debe saber. Una lista está bien.

4. Our plan includes support in:  
Nuestro plan de apoyo incluye:
  - a. English/inglés
  - b. Spanish/español
  - c. Other/otro

5. Explain your plan.  
 Explique su plan.

We are looking for plans for trainings and support that do any number of the following things:

Estamos buscando planes para entrenamientos y/o apoyo que hace las siguientes cosas:

Activity/actividad	The activity is presented clearly and the trainer’s expertise is clear from the proposal. The activities are explained, the numbers of people served is clear, and there might even be creativity in the proposal. (La actividad está clara, y la experiencia del entrenador(a) está clara a partir de la propuesta. Se explican las actividades, número de	From the plan, the Local Volunteer Advisory Committee can see that this may occur, even though it is not explicitly said. (De la descripción del plan, los miembros del comite asesor local de voluntario (LVAC) puede ver que es posible que va a ocurrir en el entrenamiento, aunque no se lo diga explícitamente.	Not present in the plan. (no está presente en el plan)

	personas atendidas es claro, e incluso puede haber creatividad en la propuesta.		
Individual Support to move from the traditional system to SDP Apoyo individual para mover del sistema tradicional al Programa de Autodeterminación	2	1	0
Group support to move from traditional services to SDP Apoyo en un grupo para mover del sistema tradicional al Programa de Autodeterminación	2	1	0
Peer-coaching to develop initial spending planning Tutoría entre pares para crear un plan de gastos	2	1	0
Small group coaching to develop an initial spending plan. Tutoría en grupos pequeños para crear un plan de gastos.	2	1	0
Other coaching to develop an initial spending plan Otro tipo de tutoría para guiar a las familias crear su plan de gastos	2	1	0
Generic Resource Identification Training Entrenamiento enfocado en identificar servicios genéricos	2	1	0
Initial Spending Plan Development Formar un plan de gastos con el cliente	2	1	0
Professional Independent Facilitator Mentorship Apoyo y tutoría para facilitadores independientes profesionales	2	1	0
Service Coordinator Mentorship	2	1	0

Tutoría y apoyo para coordinadores de servicios			
Groups to support Self-Determination Program Participants Grupos de apoyo para participantes del Programa de Autodeterminación	2	1	0
Spanish language support Apoyos en español	2	1	0
Creating person-centered plans with SD participants and/or families Formar planes centrados en la persona para participantes y sus familias.	2	1	0
Interactive workshops to help people trying to enter SDP Entrenamientos interactivos para ayudar a las personas entrando el Programa de Autodeterminación	2	1	0
ASL interpretation support Interpretación y/o apoyo en ASL (American Sign Language)	2	1	0
Brainstorming sessions in English to help develop an aspect of the person-centered plan, budget, or spending plan. Juntas para pensar en grupo para resolver problemas y pensar en ideas relacionadas con el plan centrado en la persona, el presupuesto o el plan de gastos.	2	1	0
Brainstorming sessions in Spanish to help develop an aspect of the person-centered plan, budget, or spending plan Juntas en español para pensar en grupo para resolver problemas y pensar en ideas relacionadas con el plan centrado en la persona, el presupuesto o el plan de gastos.	2	1	0
Another option that is not present, but the explanation of the plan meets the DDS requirements and the needs of our community. See information below Otra idea que no aparece en la lista, pero cumple con los requisitos de DDS. Más información sigue en inglés.			

Funds are to be used in the following areas of support for the Self Determination Program:

Recruitment and training of independent facilitators
Joint training for participants, families, regional centers, LVAC members and others
Support or coaching in making the transition to SDP
Assistance with spending plan development
Orientation support which could include costs for speakers/presenters, and development of modification of materials
Collaborative groups/workshops to foster ongoing, shared learning and problem-solving opportunities.

Priority areas for the funding include:

- **Orientation Needs** – Costs of providing orientation including, but not limited to, modifying/printing materials, speakers/presenters’ expenses, meeting space expenses, translation/interpreters, etc.
- **Recruitment/Training of Independent Facilitators** – Costs associated with increasing the number of available independent facilitators. This could include, but is not limited to, recruitment, development and/or provision of training, translation/interpreters, costs related to the provision of training, etc.
- **Collaborative Groups/Workshops** – Ongoing and/or periodic meetings for participants and families, providers, etc., to provide learning and problem-solving opportunities. Costs could include, but are not limited to, speakers/presenters’ travel expenses, translation/interpreters, materials, meeting space expenses, etc. This may involve coordinating with LVACs/participants in other areas to increase the scope of the learning opportunities/information sharing.
- **Joint Training** – Training for participants, families, regional center staff and members of local volunteer advisory committees, etc. Joint trainings should focus on shared learning opportunities that increase the collective understanding of all involved with

SDP. Costs could include, but are not limited to, development and/or provision of training, translation/interpreters, costs related to the provision of training, etc.

- **Support/Coaching for Transition to SDP** – Support for participants in transitioning to SDP. This could include support in areas such as deciding which financial management service model is the best fit for a participant, suggestions for recruiting/hiring employees, how to establish backup staffing plans, etc.
- **Initial Spending Plan Development** – Support in developing the participant’s use of their individual budget through their spending plan, which may include consultation with a financial management service.
- **Additional Identified Needs** – Items/activities, which will support the needs of participants and implementation of the program.

Link to DDS Directive: <https://www.dds.ca.gov/initiatives/sdp/implementation-updates/>

Click on guidance within the September 18, 2020 update to download the complete document in English.

Haga clic en la palabra “guidance” en la página debajo de Septiembre 18, 2020 para bajar el archivo completo en inglés.