



Self-Determination Program

KERN REGIONAL CENTER

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Self-Determination Program...What is it?

Self-Determination Program (SDP) is a voluntary alternative to the traditional way of receiving regional center services. It provides:

- Clients and their families with more control over the services and supports they need. For example, clients/families may purchase existing services from services providers or local businesses, hire support workers, or negotiate unique arrangements with local community resources.
- Self-determination provides clients, and their families, with an individual budget, which they can use to purchase the services and supports they need to implement their Individual Program Plan (IPP).

Who is eligible for this program?

- KRC clients served under the Lanterman Act.
- KRC clients living at home or in the community (Certain types of long-term care facilities may not be eligible).
- Clients willing to receive training and comply with rules of the program.

What do interested clients/parents do?

For those interested in this program and to get on the list to be invited to the SDP Pre-Enrollment Informational Meeting, please e-mail us at selfdetermination@kernrc.org with the following information:

- Name of KRC Client
- Date of birth of KRC Client
- UCI (Unique Client Identifier) number of KRC Client

For questions about the program or to obtain your UCI, contact your Service Coordinator or email us at

selfdetermination@kernrc.org

When does the SDP start?

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The program will start once it is approved for federal funding.

- Upon approval of federal funding, this program (SDP) will be implemented for up to 2,500 participants statewide during a preliminary phase-in period of three years.
- After this three-year phase-in period, the program will be available to all regional center clients.

Once federal funding is approved, and the material becomes available, interested parties will be invited to participate in a SDP Pre-Enrollment Informational Meeting.

- If after participating in the SDP Pre-Enrollment Informational Meeting a client/family is still interested in being considered to participate in the SDP, the client's information will be forwarded to the Department of Developmental Services (DDS) to be put through the selection process.
- Kern Regional Center (KRC) has been approved for 103 clients (36 remaining Pilot, 67 Proposed Number). DDS is responsible for randomly selecting which KRC clients will participate in this phase-in period. Random selection will be based on age, gender, disability and ethnicity.

You can also self-identify as an interested party directly with DDS and receive updates on the Self-Determination Program. Please email DDS at sdp@dds.ca.gov and provide them with your name and/or the name of the person interested in the enrollment and identify the name of your regional.

